

# WELCOME TO THE Ménière's Society

## GETTING THE MOST FROM YOUR ONLINE MEMBERSHIP

We're so pleased you decided to become a member. Here's a quick guide to your online membership...



### 1. Create your online profile

As an online member, you'll first need to create an online profile on our website. If you have not done so already, please go to: <https://www.menieres.org.uk/account/register> to add your details and get started.



Please note, when registering online for the first time your access to the member area will be limited. We will receive a notification to activate your full access to the online information. This will usually be updated by the next working day.



### 2. Access the information you want, when you want

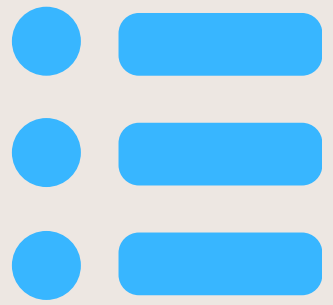
Once you've created your online profile you can login at any time to read and download our information.

<https://www.menieres.org.uk/account/login>

### 3. Understanding the menu

Once logged in, navigate using the menu on the left of your screen:

- **Profile** - View your membership number and membership expiry date. You can also add and amend your personal details and gift aid declaration.
- **Communication Preferences** - tell us what information you'd like to receive and how you would like to receive it!
- **Orders** - your online purchases will be listed here.
- **Spin Magazine** - read the latest Spin magazine & previous issues.
- **Downloads** - access your 'Welcome Letter' & documents that form your 'Membership Pack' in this section.
- **Log Out**



### 4. Please contact us if we can help



You can email us or give us a call, if you have any questions, or would like any additional information. Our office is open Mon-Fri during office hours.

01306 876883  
[info@menieres.org.uk](mailto:info@menieres.org.uk)  
[www.menieres.org.uk](http://www.menieres.org.uk)

#### **Prefer to receive your membership pack and magazine in print?**

If you decide you'd rather read our information in print instead of online, that's no problem. Print members can still access all the online information, but additionally receive the members pack as a printed booklet and copies of our magazine by post. Just give us a call to update your membership account with us.



Online Membership £20 per annum; Print Membership £23 per annum

#### **About the Ménière's Society**

We're here to help people with inner ear (vestibular) disorders. We provide essential support and information to enable people to cope positively and get the right diagnosis. We are a voice for sufferers within the medical community and raise awareness for greater public understanding. We work towards a brighter future through investment in vital medical research.

