

# Medical information slips for capsules

## Insert Option 1

Name			
DOB		NHS/CHI No.	
Next of Kin			
Next of Kin Telephone	Daytime	Evening	
Medical Conditions			
Symptoms			
Regular Medication(s)			
Allergies			
Other Info			

**Complete and cut out the insert you would like to use for your medical information capsule.**

**Download and print insert replacements at [menieres.org.uk/medic-capsules](http://menieres.org.uk/medic-capsules).**

### Tip #1

Keep the lanyard, attached to your capsule, visible and handy so you can reach for it if necessary. Alternatively, you can wear around your neck, under your clothing to ensure it can be found in an emergency.

### Tip #2

Your capsule can double-up to hold ear plugs, hearing aid batteries and medication (ensure medication is kept within a strip of the original blister pack, with the medication name clearly visible).

## Insert Option 2

Name			
DOB		NHS/CHI No.	
Next of Kin			
Next of Kin Telephone	Daytime	Evening	
Medical Condition(s)			
Symptoms			
Regular Medications			

## Insert Option 3

Name			
DOB		NHS/CHI No.	
Next of Kin			
Next of Kin Telephone	Daytime	Evening	
Medical Conditions			
Regular Medications			

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