



Psychological Symptoms in Vestibular Disorders

What is the study about?

People with vestibular disorders frequently experience psychological symptoms encompassing cognitive and mental health problems. This study aims to improve understanding of how psychological symptoms are experienced and what support people with vestibular disorders currently receive.

What does the study involve?

- 1.) We are inviting clinicians who work with people with vestibular disorders to complete an online survey that will take approximately 20-25 minutes.
- 2.) Clinicians, charity workers, people with a diagnosed vestibular disorder, and their family members are also invited to participate in an interview to share their experiences of psychological symptoms, and their views on how these could be addressed. The interview will last approximately 1 hour and can be completed in-person, over the phone or via Microsoft Teams.



How do I take part?

You can contact the primary researcher (Dr Laura Smith) for further information. Email: L.J.Smith-73@kent.ac.uk